

‘My hair looked good but...’

Radio DJ and actor Jay Nesh gets help from TrichoKare for red patches on his scalp

AS A radio DJ and actor, Jay Nesh (above) has to always look well-groomed. The 37-year-old MediaCorp artiste also loves to keep up with the latest trends so he colours and styles his hair frequently.

He said: “As someone who loves colour, I love to change my hair colour frequently. I also change my hairstyle often. And I don’t leave home without styling my hair with wax.”

But even with all the colouring and styling, he didn’t think that his hair or scalp needed help. After all, he has a full head of hair and so does his father, who is turning 60 this year.

So when he was invited by hair treatment centre TrichoKare for a trial session at its outlet at nex, Jay was hesitant.

But it turned out to be an eye-opener. The hair analysis showed him that all those years of styling his hair with wax had left residue on his scalp. He had also developed red patches on his scalp.

He said: “I was under the impression that my hair and scalp were generally in good condition. It was a wake-up call for all the years of wax abuse which had left much residue on my scalp.

“It was shocking for me to discover that in some areas where there should be three to four strands of hair, there was only one visible strand of hair.”

Jay said he was also grateful for the hair tips that he received that day.

“I also learnt from the hair specialist that normal shampoo and conditioning was not sufficient as I used wax and gel daily. I took her advice and went for a 1½-hour scalp treatment.”

After the relaxing and rejuvenating session, his hair and scalp were analysed again.

“To my amazement all the wax residue was cleared and certain red areas looked much healthier,” Jay said.

“The visible results were really impressive as it was only my first session. It proved to me that we should all seek help instead of waiting for a hair or scalp condition to worsen.”

I was hesitant at first but I am glad that I went for the treatment. I love to explore various hair colours and hairstyles and TrichoKare gives me the confidence to continue to do so.

— Jay Nesh



Relaxing... Jay Nesh going through the treatment (left). PHOTOS: TRICHOKARE

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Jaya Ganesh Isuran aka Jay Nesh
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